

# COLORECTAL CANCER SCREENING

The Right Test for **Your Risk**

ASGE

## WHAT RISK GROUP ARE YOU?

### 1 ARE YOU AT AVERAGE-RISK?

People 45 or older:

- ▶ Without prior colorectal cancer or polyps
- ▶ Without any of the factors that define high-risk screening

TEST:  
**Colonoscopy**

EVERY  
10 YRS

**Colonoscopy negative result:**  
The test only needs to be repeated every 10 years.

or

TEST:  
Fecal Immunohistochemistry  
(Stool FIT)

EVERY  
YEAR

**FIT or mt-sDNA screening positive result:**  
A colonoscopy to find the suspected cancer and locate and remove cancerous polyps will be required.

or

TEST:  
Multi-Target Stool DNA  
(mt-sDNA)

EVERY  
3 YRS

### 2 DO YOU HAVE SYMPTOMS?

- Rectal bleeding
- Anemia
- Change in bowel habits
- Persistent abdominal pain
- Unintentional weight loss

TEST:  
**Colonoscopy**

Colon Cancer has a  
**90%**  
**SURVIVAL RATE**  
when detected early.<sup>1</sup>

### 3 DO YOU HAVE A PERSONAL HISTORY?

- Previously removed pre-cancerous colorectal polyps
- Previously had colorectal cancer

TEST:  
**Colonoscopy**

Nearly  
**1 in 3**  
**U.S. ADULTS**  
are not getting screened for  
colon cancer as recommended.<sup>2</sup>

### 4 ARE YOU AT HIGH-RISK?

- Family history of colorectal cancer or precancerous polyps in a first degree relative diagnosed before age 60
- Multiple first-degree relatives with colorectal cancer or precancerous polyps
- Family history of inherited colorectal cancer syndrome
- Previous diagnosis of ulcerative colitis or Crohn's disease

TEST:  
**Colonoscopy**

Screening recommended  
**BEFORE 45 YEARS**  
if you have symptoms, personal  
history or are at high risk.

Learn more at **ASGE.org/Screening**

1. <https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/annual-cancer-facts-and-figures/2021/cancer-facts-and-figures-2021.pdf>

2. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7075255/>

